## Anastrozole Better Than Tamoxifen At Preventing Breast Cancer Recurrence.

Printed from https://www.cancerquest.org/newsroom/2011/05/anastrozole-better-tamoxifen-preventing-breast-cancer-recurrence on 12/15/2025



New results are in for a trial examining the effectiveness of the anti-estrogen drugs tamoxifen and anastrozole for the prevention of breast cancer recurrence. After 10 years, the results demonstrate that anastrozole (Armidex®) causes fewer side-effects and is better at preventing cancer recurrence than tamoxifen (Nolvadex®, Istubal®, Valodex®). The trial only examined outcomes in post-menopausal women diagnosed with early stage breast cancer.

Tamoxifen works by blocking the binding of estrogn to its receptor and armidex blocks the enzyme that creates estrogen from other molecules.

## Source

http://www.thelancet.com/journals/lanonc/article/PIIS1470-2045%2810%2970257-6/a...