

French fries and breast cancer...a possible link?

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An analysis of the eating habits over 33,000 women was used to estimate the impact of dietary acrylamide intake on breast cancer risk. Acrylamide is found in carbohydrate-rich foods cooked at high temperatures (i.e. french fries and potato chips). It is also found in cigarette smoke. The results indicate that for this population, acrylamide intake was **not** associated with breast cancer risk in post-menopausal women. An association **was** seen between higher consumption of acrylamide and breast cancer risk in pre-menopausal women but the link was not strong and needs to be investigated further.

Source

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