Black raspberries prevent colon cancer in mouse model systems.

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Freeze dried black raspberries were shown to reduce colon cancer development in two different types of mice. Each of the mouse types is susceptible to developing colon cancer, but for different reasons. Each mouse strain is defective in a different way but the raspberry fed mice had changes in both pathways that reduced cancer development. Mice fed raspberries for 12 weeks had about 50% less colon cancer than control mice.

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