

# Fat and cholesterol shown to increase prostate cancer risk and progression of prostate cancer.

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Thomas Jefferson University researchers have shown that a 'Western-type' diet, high in fat and cholesterol, can increase the risk of prostate cancer and accelerate cancer growth and progression. The TRAMP mice used are pre-disposed to getting prostate cancer but the mice fed a fat/cholesterol rich diet developed cancer more quickly and the tumors grew and progressed at an accelerated rate.

Source

<https://www.ncbi.nlm.nih.gov/pubmed/21088217>

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