Five years of tamoxifen reduces breast cancer recurrence and reduces heart disease.

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Tamoxifen is hormonal treatment for estrogen responsive breast cancer. Although tamoxifen is an older drug, and newer ways of blocking the activity or production of estrogen have been developed, a new study suggests that the benefits of taking it may go beyond cancer. The study found that taking tamoxifen for the recommended five year period led to a reduction in deaths due to heart disease (heart attacks/strokes).

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