Fish oil boosts responses to breast cancer drug tamoxifen.

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Omega-3 fish oil was shown to boost the effectiveness of tamoxifen in a rat model of breast cancer. The oil seemed to boost the activity of gene associated with cell differentiation, a sign of decreased aggressiveness for cancer cells. The oil also increased the expression of genes related to immune responses against cancers. The results were presented at the annual AACR onference.

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