Prostate Surgery Lowers Death Rates In Early Stage Disease.

Printed from https://www.cancerquest.org/newsroom/2011/05/prostate-surgery-lowers-death-rates-early-stage-disease on 11/15/2026



In early stage prostate cancer, some patients do not receive surgery, instead, they are followed by 'watchful-waiting', a close monitoring of their disease. A long-term study by Swedish researchers has shown that surgery is beneficial, even for early stage cancer. Men who had surgery had a reduced chance of dying from the disease. The benefits are greatest for patients diagnosed before they are 65. The authors note that surgery can have serious long-term side effects that must be discussed with all patients.

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