

# Music May Improve Quality Of Life For Cancer Patients.

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A review of 30 trials suggests that either music therapy and other types of music treatments reduce anxiety in cancer patients. Positive effects were also seen on quality of life, blood pressure and heart rate. The results are very preliminary and the authors suggest that more information (and additional kinds of studies) are needed to confirm the benefits.

Source

<http://www2.cochrane.org/reviews/en/ab006911.html>

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