Following Cancer Prevention Guidelines Reduces Risk Of Death From Any Cause.

Printed from https://www.cancerquest.org/newsroom/2011/08/following-cancer-prevention-guidelines-reduces-risk-death-any-cause on 11/18/2026



Researchers from the American Cancer Society looked at people who had (or had not) followed guidelines to reduce their risk of developing cancer as part of the Cancer Prevention Study II Nutrition Cohort. They found that following the guidelines reduced the risk of death, but not just from cancer. Those individuals who adhered best to the recommnedations were less likely to die from cancer or cardiovascular disease.

Source
http://onlinelibrary.wiley.com/doi/10.1002/cncr.26466/full