

Vitamin E Shown To INCREASE Risk Of Prostate Cancer In Clinical Trial.

Printed from <https://www.cancerquest.org/newsroom/2011/10/vitamin-e-shown-increase-risk-prostate-cancer-clinical-trial> on 10/13/2025



Results of a large study done see if vitamin E or selenium could **prevent** prostate cancer has actually shown the opposite result! The SELECT study was done to follow-up on a smaller study that indicated vitamin E might reduce prostate cancer risk. The SELECT study results indicate that vitamin E, taken at the levels used in the trial (400 IU/d of all *rac*- α -tocopheryl acetate) may **increase** the risk of prostate cancer. Men who take vitamin E supplements should discuss the impact of these results with their physician.

Source

<http://jama.ama-assn.org/content/306/14/1549>

Learn More

[Learn More About Cancer Prevention](#)