

# Coping During COVID-19

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The rapid spread of the coronavirus (SARS-CoV-2) and the disease it causes (COVID-19) impacts all of us in many ways. This disease not only affects us physically, but also mentally and emotionally. For cancer patients, this pandemic adds to already existing stress and may worsen ongoing health concerns.

CancerQuest recently spoke with Dr. Wendy Baer of the Winship Cancer Institute of Emory University to learn more about coping strategies and mental health resources.

[Click here to watch the interview with Dr. Wendy Baer.](#)

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