

6 Things Black Women Need To Know About Breast Cancer

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Cancer affects everyone, but **not** equally. There are many reasons for the differences seen in the numbers, kinds and outcomes of cancers in different groups of people. Some of the differences can be eliminated by taking an active role in preventing cancer and detecting it early. It is also important for patients to be involved in their own treatment plans.

A great example is breast cancer. Black women are more likely to die of the disease than other groups. This doesn't have to be the case, and a recent article, [6 Things Black Women Need To Know About Breast Cancer](#) provides some good tips. While the article addresses breast cancer in black women, the guidance can easily be applied to other groups of people and other cancer types.

Source

<https://www.self.com/story/black-women-breast-cancer-knowledge>

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